



# Hazel Slade Primary

Acting Principal: Mrs Sarah Camacho



## Physical Education Policy 2020

At Hazel Slade Primary Academy the teaching and learning of PE focuses on the development and exploration of physical skills. Children are entitled to learn about the benefits of exercise and healthy eating and how to make informed choices about these as they grow. We strive to create an engaging, purposeful, relevant and challenging PE curriculum for all children.

We intend to develop children's knowledge, skills and understanding of PE, so that they can perform with increasing competence and confidence in a range of physical activities. In addition, we intend to promote an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. We intend to enable children to make informed choices about physical activity throughout their lives.

We provide a wide range of exciting activities including:

Hockey	Football	Rounders	Swimming
Tennis	Gymnastics	Dance	Tri-Golf
Athletics	Netball	Tag-Rugby	Cricket

A whole-school approach to teaching PE is embedded in all classrooms and we follow the 2014 New National Curriculum, Key Stage appropriate aims and objectives. Our pupils have at least two hours a week of high quality PE, sport and physical activity. Class teachers are responsible for planning and delivering lessons on a weekly basis following the school's long term plan.

We believe children in Reception and KS1 should be equipped with the skills they need to take part in a range of sports when they reach KS2; for this reason, the learning lower down the school focuses on skill acquisition and development. By the time children reach KS2, they are ready to apply these skills to a range of gaming situations, and most importantly they foster positive attitudes towards all sports because every child has the skills they need to play them.

Assessment - TBC

Equal Opportunities and SEN

A range of PE activities are offered to both boys and girls; experiences and expectations are the same regardless of gender. PE lessons offer all children the opportunity to improve their knowledge and techniques so everyone has the opportunity to be the best they can be. For children who have physical or learning disabilities, some modification may have to be made to the way in which an activity or sport is taught, learnt and played. Any such modifications will be made in consultation with the relevant staff and noted on teachers' plans. Children who are

identified as gifted and talented with PE are provided with a range of enhancement opportunities, designed to challenge and develop their skills and understanding.

## Health and Safety

As a school we follow the Safe Practice in Physical Education (2016) guidelines. First aid equipment must be readily available and staff should know what to do and who to call in the event of an accident. Any medication, such as inhalers, must be readily accessible to the pupil. Any accidents that occur during PE lessons must be reported to a designated first aider and the PE coordinator should also be informed. All accidents should be treated appropriately and recorded in the Accident Book (located in the school office) as soon as possible. Regular checks are made on all the equipment and any deemed not suitable for use are removed out of use. All large items are inspected by an independent safety officer annually. The school's behaviour policy is adhered to at all times. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity areas. School policy expects teachers to set a good example by wearing appropriate clothing when teaching PE. Also, School policy is that no jewellery is to be worn for any physical activity and mid-long hair needs to be tied up.

## PE Kit

All children should have a clearly labelled PE kit at school every day which should be suitable for the time of year. These should be taken home at the weekend and in the holidays for washing. Tracksuits should be worn outdoors in cold weather whilst t-shirt and shorts are necessary for indoor events such as gymnastics. Suitable footwear should be provided for outdoor activities such as correctly fitting trainers or football boots whilst bare feet are necessary for indoor activities such as dance and gymnastics. Swimming kit should be brought to school on the day of swimming and taken home that night. In the summer hats and sun cream are needed but teachers cannot take the responsibility of applying the sun cream onto the pupil.

## Social Cultural Spiritual Moral

The teaching of PE offers opportunities to support the development of social, cultural, spiritual and moral understanding in our children through the way we expect them to work together and support each other in lessons. Their work in PE enables them to develop a respect for other children's levels of ability and encourages them to co-operate across a range of activities and experiences. Children learn to respect and work with each other and develop a better understanding of themselves and of each other. During lunchtimes a team of school sports leaders arrange activities for all age ranges within the school which provides the opportunity for the older children to work with the younger children thus promoting integration, social inclusion and most importantly physical activity.